Year in review- A snapshot of NCAB 2018 programs

Thanks to all the hard work the Programs Committee put into the successful year of General Membership Speaker Series meetings, the annual Meet and Greet, and the recent Awards Banquet. The branch owes the success to the support of Co-Chairs: Dr. Tia Bobo (2019 President Elect – Congratulations) Erin Straley and the hard-working Committee: Mona Boursiquot, Christian Chavez, Amir Hussein, Neil Grove, Sherly Michel, Charles Reitz, and Bruce Werfel.

Cont’d on Page 4

Photo of the first team to successfully navigate the Bay in the virtual escape room (Bay in Box: A Wayfaring Escape Game) during the Awards banquet. From left to right are Deb Benner, Lynn Lambert, Erika Wiltrout and Kristin DeMuro.

Highlights

President’s Message

Photo Gallery

Tid-Bits

Goal-Getters

Articles

2019 MEET AND GREET

VENUE: THAT’S AMORE RESTAURANT
15201 SHADY GROVE RD #1,
ROCKVILLE, MD 20850
DATE: JANUARY 31, 2019. WATCH OUT FOR REGISTRATION DETAILS!
President's Message

Hello NCAB AALAS!

We are in the midst of wrapping up another successful year with NCAB. While 2018 was a non-Seminar year Bryan Beltran and the Programs committee kept us engaged with quarterly Membership meetings as well as the Lunch-n-Learns organized by our TBR, Vaneesha Ali.

The 2018 NCAB Awards were recently presented at our Awards Banquet held in Silver Spring. Congratulations to the 2018 Award Recipients: Steve Williams, Alex Alfaro, Dawn Jackson, Nakita Charles, Dr. Beth Bauer and Mark Smith. The evening wrapped up with attendees participating in a virtual escape room adventure to "Escape the Bay", using clues, solving puzzles, navigating maps & breaking codes to successfully navigate the Chesapeake Bay. A great time was had by all!

There were some behind the scenes changes in 2018 that we hope to prove beneficial in the years to come. The Council made the decision to move to a new event and membership management platform with Wild Apricot. This allowed for a revamp of our website, a more streamlined events registration platform and easier management of membership profiles as well as a simplified payment processing system. The savings seen from making these changes proved to be very important in a year without the revenue typically brought in by Seminar.

I can’t say thank you enough to the volunteers and members that gave their all to NCAB in 2018. With your support we had many great events and were also recognized at the National level as the 2018 AALAS Branch Challenge winners, showing the greatest percent growth in National AALAS Members within our branch.

Another year is coming to an end, but we have so much to look forward to in 2019. Daisy Khouri-Saba will be taking the reigns in 2019 and is putting together a Council made up of strong leaders and creative thinkers to keep the momentum going. Two of those joining the Executive Committee of NCAB Council next year are the newly elected President-elect, Dr. Tia Bobo and Treasurer-elect, Devora McCoy. Congratulations to you both!

Be sure to stop by www.ncabaalas.org often to keep informed of upcoming events, award and scholarship opportunities and to get involved in volunteer opportunities.

Happy New Year!!

Erika Wiltrout
2018 NCAB President
info.ncabaalas@gmail.com
Thank you for helping make 2018 a great year.
Click the image for a video message.

9190 Crestwyn Hills Dr.
Memphis, TN. 38125-8538

See what’s happening on our social sites
Year in review: A snapshot of NCAB 2018 programs (Cont’d)

By Bryan Beltran, Program Chair

We reduced the number of meetings with Nationals being hosted in our district focusing on quarterly meetings for the Speaker Series. The leaner format allowed for more focused talks and saw improved turnouts from 2017 at every event even in lieu of an impending hurricane Florence and the years first snow in November. Thank you to all the members who braved the elements to attend!

In January the Meet and Greet was held at That’s Amore in Gaithersburg to kick off the year and introduce the council. It’s always a great time to say hello to some old friends, meet some new ones during the networking hour, and then enjoy a wonderful dinner while speaking with the new council.

In March MedImmune hosted the most well attended meeting all year with Dr. Thomas and Kelly Prevost speaking about “Veterinary Wildlife Adventures at the NIH” and who can forget about the NIH Bear!

The second quarterly meeting was held in Bethesda in June with a summer BBQ theme, Dr. Jessica Hoffman spoke on the “Hydrophobic Sand: A Novel Method for Urine Collection for Bio-marker and Metal Analysis in the Rat as an alternative to metabolic cages. We are surely looking for a follow up to this talk in the upcoming years as her research progresses.

In September we brought the meeting to Baltimore and had a wonderful turnout at the Baltimore NIH campus for Dr. Cynthia Sears talk: Developing a Germ-free Programs at Johns Hopkins: What are we learning. Programs wanted to follow the Nationals theme so we served mini crab cakes and very Maryland Dishes for the networking meal!

November was back in Silver Springs with Dr. Marx talk was titled: Mouse Anesthesia: Where are we at and where are we headed, which brought many out even in the rainy snow. Taco Bar is always a favorite of the members so a huge success the second year in a row and will likely have them cater another event in 2019.

The Awards Banquet held 13th December turned out wonderful and was topped with a challenging and fun Virtual Escape Room hosted by Enter-Exit Escape. The awards were delivered while guests enjoyed a menu highlighted by (2) pasta stations, carving stations, and an assortment of cupcakes. The Bay in a Box, A Wayfaring Escape Game forced us all to work together to solve puzzles and navigate our ships safely out of the bay and even involved a crash course in semaphore!

We have lots to be thankful for in 2018 and lots of work to keep up the momentum in 2019! Please stay tuned for more details of the 2019 Programs events and everyone have a wonderful and safe Holiday Season!
2018 "Celebrate the Mouse
Biomedical Research Video Essay" Contest

The deadline to enter the AALAS Foundation’s "2018 Celebrate the Mouse Biomedical Research Video Essay" contest is fast approaching! All video essay submissions must be received by January 31, 2019.

Help us spread the word!

Eligible students in grades 5th through 12th may enter the contest and compete for trophies and cash prizes.

Please share this info with teachers/students you think might be interested. A cash prize will also be awarded to the school of the 1st place winner of each of the two contest categories!

The deadline to enter the contest is January 31, 2019.

We are hoping to see a lot of entries this year from the children of AALAS members!

Click here for more information and to view the winning videos from last year’s contest.

Questions? Contact us at foundation@aalas.org or visit www.aalasfoundation.org

AALAS Foundation
9190 Crestwyn Hills Drive
Memphis, TN 38125
901.754.8620 - foundation@aalas.org

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The BOT Minute

Hello! I am Lisa Secrest and I would like to introduce myself as your new AALAS Board of Trustee for District 3. Dr. Larry Shelton rolled off of his latest term at the Baltimore meeting this past October with a total of 6 years of exemplary service. The role of an AALAS trustee is simple. I am here to be a conduit between the AALAS Memphis office and the local branches, which in District 3 comprises of the National Area Capital Branch (NCAB) in the Washington/Baltimore metro area and the Greater Virginia Branch (CVB) which encompasses the rest of the state outside of the northern reaches. I will keep you informed on what is happening in the AALAS organization and since I am on both branch councils I can keep the AALAS office in the loop of what is happening out here in the Mid-Atlantic area. So please, if you have any concerns that you would like me to bring forward let me know either by email at Lsecrest@priorityoneservices.com or in person. I look forward to serving in this capacity and will endeavor to keep the lines of communication open.

The Board met in session during the Baltimore meeting and accomplished these tasks.

- Approved the National Animal Interest Alliance (NAIA) as an affiliate member organization
- Approved Dr. Thomas R. Meier as the AALAS representative to AAALAC
- Waived National meeting fees for up to 15 veterinary students who have a formal affiliation with one of the laboratory animal medicine training programs
- Approved the 2019 Operating Budget
- Approved the 2019 Capital Asset Budget
- Approved the following individuals as new AALAS Foundation Board Directors
  - Terri Swanson, Sarah Gilliam and Matthew Taylor-Onstott
- Approved revisions to the AALAS Policies and Procedures Manual
  - Sections 4-08 and 4-13
- After lengthy discussion it was determined to keep the Alternate Trustee position in place but understand that the role needs to be revised to make it a more robust and significant responsibility

Since I have taken over my responsibilities of the District 3 Trustee after the National Meeting in Baltimore I have attended a CVB quarterly meeting, NCAB board meeting, NCAB monthly meeting and the annual NCAB banquet. I have also participated in a CMAR conference call as the BOT liaison for that committee. The AALAS trustees will have their Winter Meeting by conference call on February 26, 2019. If there is anything specific that you would like me to address to the Board please contact me before this date.

Sincerely,

Lisa K Secrest
District 3 Trustee
Thanks to Our Supporters & Volunteers

There are only a few more days left in 2018. If you've not made your contribution to the AALAS Foundation, we hope you'll consider doing so today. Your financial gift will help us continue our efforts to bring awareness to the public about the important work being done by the amazing people and animals working in laboratory animal science.

Click here to make your donation.

Remember, each $10 online donation received by December 31, 2018 will receive a "Celebrate the Mouse" arthritis awareness lapel pin. (One lapel pin for $10, two pins for $20, etc.)

Thanks again to all of our supporters and volunteers! Happy Holidays to you all!

Questions? Contact us at foundation@aalas.org or visit www.aalasfoundation.org

Quick Links
2017 Corporate Donors
2017 Branch Donors
2017 Individual Donors
Memorial Wall of Honor

AALAS Foundation
9190 Crestwyn Hills Drive
Memphis, TN 38125
901-754-8620 - foundation@aalas.org

FOLLOW US
NCAB generously donated to the AALAS Foundation at this year’s National AALAS meeting. We donated a live auction item of Capitals’ Hockey tickets that generated a $500 donation! NCAB also provided a boat for the Set Sail for Laboratory Animal Science contest. The boat came in 3rd place for the branch competition.

The AALAS Foundation Celebrate the Mouse Biomedical Research Video Essay contest applications are due by January 31, 2019. Anyone with children in grades 5-12 should consider having their children enter this contest. The winners receive cash prizes for themselves and for their schools. Please talk to your kids and their teachers about supporting this program to educate children about how mice are used to discover what cases disease and to develop treatments to help people and animals.

Website Updates

1. Institutional Members List.

The Institutional Member List is back on to the website and powered by our membership database. If your Institutional Membership is active, your organization will appear in the list automatically and will remain there for the length of your active membership. The list includes your organization's name and the option to show a logo and a link to your homepage.

2. Career Pages.

In addition to our Jobs page, we added a special page to list our Institutional Members' careers pages. To add your page today, simply ask your bundle administrator to add a link to the "Organization Careers Page" field in their profile. This is another way to make sure your organization is accessible to our highly qualified members.

3. Event Pictures.

For our active, logged in members, pictures from our NCAB Events will be available under Events > Event Pictures.

4. Lab Animal News Feed.

The Lab Animal News Feed groups the best lab animal news into one feed to help you catch up on current events. The feed includes seven lab animal news sources from ALN Magazine to the USDA AWIC News. The most recent five articles are available to everyone on our homepage, but active logged-in members can view the entire 50 article feed.
"Animal Flash Facts" Game - Now Available to Order!

The AALAS Foundation is excited to announce the release of our new public outreach tool - "Animal Flash Facts" game!

This interactive, educational game is designed to help students in grades 5 through 12 learn how animals have helped scientists achieve medical discoveries that help both people and animals.

Click here to read more about the game and how you may purchase it on the AALAS online bookstore - or, download it in PDF format for free!

Questions? Contact us at foundation@aalam.org or visit www.aalamfoundation.org

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Support the AALAS Foundation

Visit our website

Quick Links

Make an Online Donation Today!

2017 Corporate Donors
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FOLLOW US
Logging in for the first time?
www.ncabaalas.org

Step 1: Click on ‘Log in’ button at the top left corner of the website

Step 2: Enter your email then click on ‘Forgot password’

Step 3: Success! Check your email & follow instructions to reset your password.

Uh-oh! This means that either your email was entered incorrectly, another email was used to set up your membership or you do not yet have an active contact profile.

Give it another try & if you are still having problems contact us at info.ncabaalas@gmail.com
Photo Gallery

Participants at 2018 Lunch & Learn Events

NCAB wins 2018 National Branch Challenge
Photo Gallery

Virtual Escape participants

Scenes from 69th AALAS National Meeting in Baltimore
Goal Getters Corner

Is there someone in your organization who recently achieved his/her AALAS certification or recorded other notable achievements like ILAM graduation? Please recognize and congratulate them in the newsletter!

Lab Products is proud to announce the winner of the Lab Products Animal Technician Award, Yannick Bakiele from SoBran. Yannick was given the opportunity to go to the National AALAS Meeting this year in Baltimore, Maryland and his expenses were paid as the winner from District 3 by Lab Products.
Join Us

Learn more about NCAB AALAS individual and Institutional Memberships.

Select membership level

* Mandatory fields

- Individual Membership - $25.00 (USD)
  Subscription period: 1 year
  No recurring payments

- Institutional Membership - $175.00 (USD)
  Bundle (up to 2 members)
  Subscription period: 1 year, on January 1st
  No recurring payments
  Institutional Membership is a 'Bundle' membership (up to 2 members) with one member acting as the Administrator for the Membership.
  Subscription period: Annual, Jan 1st - Dec 31st

Next
Complete this information for member #1; email entered on last screen is carried over.

NCAB News | December, 2018

Join Us

Learn more about NCAB AALAS Individual and Institutional Memberships.

Review and confirm

Level: Institutional Membership - $375.00 (USD)
Bundle option: 1 member
Subscription period: 1 year, on January 1st
No recurring payments

Total amount: $375.00 (USD)

Payment instructions:
- Payment methods: Visa, Mastercard, Discover or American Express.

Application data

First name:
Last name:
Title:
Organization:
Email:
Phone:
Address 1:
Address 2:
Address 3:
City:
State:
Zip/Postal Code:

*National AALAS Member:
- Yes
- No
- Casual

AALAS Certification Level:
- ALAT
- LAT
- LATG
- CMAB

Click ‘pay online’ button
Complete credit card information then click this button.

Click here to add second member associated with institutional account.
You’re all set!

Thank you for supporting NCAB.
If you still have questions, please feel free to reach out to our chair for institutional membership, Liz Kramer – Liz@lenderking.com
## 2018 NCAB COUNCIL CONTACT LIST

<table>
<thead>
<tr>
<th>Title</th>
<th>Name - 2018</th>
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<tbody>
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<td>President</td>
<td>Erika Witrout</td>
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<tr>
<td>President-elect, Parliamentarian</td>
<td>Daisy Khouri Saba</td>
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<td>Immediate Past President/Nominations</td>
<td>Dr. LaTesa Hughes</td>
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<td>Secretary</td>
<td>Claudine Bobb</td>
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<td>Treasurer</td>
<td>Dave Mallon</td>
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<td>District 3 Trustee</td>
<td>Dr. Larry Shelton</td>
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<td>Carolyn Pelham</td>
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<td>Lynn Lambert</td>
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<td>Kim Faunce</td>
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<td>Financial Advisory Committee Chair</td>
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Published by NCAB AALAS

Designed & Edited

By

Ayo Fawibe

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